

# The Ultimate Newborn Checklist

Congratulations, Mama! Here's your must-have list to make life with your little loves easier. 🧡

## Sleep Essentials:

- Twin or triplet bassinet
- 4-6 fitted bassinet sheets
- 4-6 wearable blankets/swaddles
- White noise machine
- Nightlight

## Feeding Must-Haves:

- Twin nursing pillow
- 10-12 bottles (if bottle-feeding)
- Bottle warmer
- Bottle sterilizer
- Breast pump (if breastfeeding)
- Nursing bras (3-5)
- Nursing pads
- Burp cloths (at least 10)

## Diapering Needs:

- 2 large packs of newborn diapers
- Wipes (bulk pack)
- Diaper rash cream
- Changing pad
- 2-3 changing pad covers
- Diaper pail

## Travel & Outings:

- Double stroller
- 2 infant car seats + bases
- Car seat covers (weather protection)
- Diaper bag (large)
- Baby carriers (at least 2)

## Baby Gear:

- 2 bouncer seats
- Playmat or tummy time mat
- Soft baby blankets (4-6)

## Clothing:

- 8-10 onesies per baby
- 6-8 sleepers per baby
- 4-6 pants/leggings per baby
- Newborn hats (2-4)
- Baby mittens (to prevent scratching)
- Socks (lots!)

## Bath Time:

- Infant bathtub
- 4-6 baby towels
- Washcloths (10+)
- Gentle baby wash/shampoo
- Baby lotion

## Health & Safety:

- Digital thermometer
- Baby nail clippers/file
- Nasal aspirator
- Infant Tylenol (consult pediatrician)
- First aid kit

## Extras That Make Life Easier:

- Pacifiers (4-6)
- Swaddle sacks
- Portable changing mat
- Extra crib/bassinet in living area
- Baby monitor (with multiple cameras)

Pro Tip: Organize a "feeding station" and a "changing station" on each floor of your home if possible. Trust me, your tired feet will thank you! 🌟

You've got this, Mama! ❤️ Download and print this checklist to stay prepared and stress-free.

[Created by BizeeMom808 — Helping busy moms thrive!] 🌟